

Permitted EU Claims Article 14 (1) b: Children's Development and Health

Product Claim	Substance or Food Category	Company Name	EFSA Opinion Ref.	Legal Status; Permitted	Placed on market	Conditions of use of the claim	Legal Labelling Requirements	
							Nutrition Labelling	Mandatory Statements
Essential fatty acids are needed for normal growth and development of children	alpha-linolenic acid and linoleic acid	Unilever PLC	Q-2008-079	Permitted (Reg 983/2009)	11th November 2009	<p>Information to the consumer that the beneficial effect is obtained with a daily intake of 1% of total energy for linoleic acid and 0.2% of total energy for alpha linolenic acid.</p> <p>Foods To calculate energy from linoleic acid in the food -multiply the g of linoleic acid declared present in 100g/ml of the food by 9. The value calculated is the energy in kcals from linoleic acid in 100g/ml of food. The amount of energy from linoleic acid in 100g/ml of food must be AT LEAST 1% of the overall energy in 100g/ml of food.</p> <p>To calculate energy from alpha linolenic acid in the food -multiply the g of alpha linolenic acid declared present in 100g/ml of the food by 9. The value calculated is the energy in kcals from alpha linolenic acid in 100g/ml of food! The amount of energy from alpha linolenic acid in 100g/ml of food must be AT LEAST 0.2% of the overall energy in 100g/ml of food.</p> <p>Supplements The recommended daily dose should provide linolenic acid and alpha linolenic acid at levels that at the very least provides 1% and 0.2%, respectively, of the total energy requirements of the child.</p>	<p>Foods (1) Group 2 nutrition labelling information as per Directive 90/496, as amended (Article 7 Reg 1924/2006)(see also link to detailed information on labelling rules on website) (2) The amounts of alpha-linolenic acid (g) and linoleic acid (g) present shall also be stated in the same vision as the nutrition information. (Article 7 Reg 1924/2006)</p> <p>Supplements The amounts of linoleic acid and alpha linolenic acid present in the recommended daily dose must be declared in numerical form.</p>	<p>Shall include 1 statement from Reg 983/2009 and 4 statements (Article 10 Reg 1924/2006) indicating that:</p> <ol style="list-style-type: none"> beneficial effect is obtained with a daily intake of 1% of total energy from linoleic acid and 0.2% from alpha linolenic acid the importance of a varied and balanced diet and a healthy lifestyle the quantity of the food and pattern of consumption required to obtain the claimed beneficial effect where appropriate, persons who should avoid using the food an appropriate warning for products that are likely to present a health risk if consumed to excess.

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Protein is needed for normal growth and development of bone in children	Protein	Association de la Transformation Laitiere Francaise (ATLA)	Q-2008-326	Permitted (Reg 983/2009)	11th November 2009	<p>The claim can be used only for food which is at least a source of protein as referred to in the claim SOURCE OF PROTEIN as listed in the Annex to Regulation (EC) No 1924/2006</p> <p>This product MUST have at least 12% of its energy value of food provided by protein in order for it to be recognised as a source of protein. (Annex to Reg 1924/2006)</p> <p>To calculate protein energy multiply the g protein that are present in 100g/ml of the food by 4 - this is the protein energy! Take the overall calories provided by 100g/ml of the food and calculate what 12% of these calories are. The protein energy must contain at least the 12% value calculated.</p>	<p>(1) Group 2 nutrition labelling information as per Directive 90/496, as amended (Article 7 Reg 1924/2006)(see also link to detailed labelling information on website)</p>	<p>Shall include all 4 statements (Reg 1924/2006) indicating:</p> <p>(1) the importance of a varied and balanced diet and a healthy lifestyle</p> <p>(2) the quantity of the food and pattern of consumption required to obtain the claimed beneficial effect</p> <p>(3) where appropriate, a statement addressed to persons who should avoid using the food</p> <p>(4) an appropriate warning for products that are likely to present a health risk if consumed to excess.</p>

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Calcium and vitamin D are needed for normal growth and development of bone in children	Calcium and Vitamin D	Yoplait Dairy Crest Ltd	Q-2008-116	Permitted (Reg 983/2009)	11th November 2009	<p>The claim can be used only for food which is at least a source of calcium and Vitamin D as referred to in the claim SOURCE OF [NAME OF VITAMIN/S] AND/OR [NAME OF MINERAL/S] as listed in the Annex to Regulation (EC) No 1924/2006</p> <p>Foods At least 120mg calcium per 100g/100ml of food and 0.75µg vitamin D per 100g/100ml must be present in a food bearing this claim.</p> <p>Supplements The recommended daily dose should provide at least 120mg calcium and 0.75µg vitamin D.</p>	<p>Foods (1) Group 2 nutrition labelling information as per Directive 90/496, as amended (Article 7 Reg 1924/2006)(see also link to detailed information on labelling rules on website)</p> <p>(2) Amounts of Calcium and Vitamin D must also be included in the nutrition labelling with %RDA</p> <p>Supplements The amount of calcium and Vitamin D present in the recommended daily dose must be declared in numerical form and as %RDA.</p>	<p>Shall include 4 statements (Reg 1924/2006) indicating:</p> <p>(1) the importance of a varied and balanced diet and a healthy lifestyle</p> <p>(2) the quantity of the food and pattern of consumption required to obtain the claimed beneficial effect</p> <p>(3) where appropriate, a statement addressed to persons who should avoid using the food</p> <p>(4) an appropriate warning for products that are likely to present a health risk if consumed to excess.</p>

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Vitamin D is needed for normal growth and development of bone in children	Vitamin D	Association de la Transformation Laitiere Francaise (ATLA)	Q-2008-323	Permitted (Reg 983/2009)	11th November 2009	<p>The claim can be used only for food which is at least a source of Vitamin D as referred to in the claim SOURCE OF [NAME OF VITAMIN/S] AND/OR [NAME OF MINERAL/S] as listed in the Annex to Regulation (EC) No 1924/2006</p> <p>Foods At least 0.75µg of vitamin D must be present in 100g/100ml of the food.</p> <p>Supplements The recommended daily dose should provide at least 0.75µg of Vitamin D.</p>	<p>Foods (1) Group 2 nutrition labelling information as per Directive 90/496, as amended (Article 7 Reg 1924/2006)(see also link to detailed information on labelling rules on website)</p> <p>(2) Vitamin D must also be included in the nutrition labelling with %RDA</p> <p>Supplements The amount of Vitamin D present in the recommended daily dose must be declared in numerical form and as %RDA.</p>	<p>Shall include all 4 statements (Reg 1924/2006)</p> <p>(1). 'The importance of a varied and balanced diet and a healthy lifestyle'</p> <p>(2). 'The quantity of the food and pattern of consumption required to obtain the claimed beneficial effect'</p> <p>(3). Where appropriate, a statement addressed to 'persons who should avoid using the food'</p> <p>(4). An appropriate 'warning for products that are likely to present a health risk if consumed to excess'.</p>

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Calcium is needed for normal growth and development of children	Calcium	Association de la Transformation Laitiere Francaise (ATLA)	Q-2008-322	Permitted (Reg 983/2009)	11th November 2009	<p>The claim can be used only for food which is at least a source of Calcium as referred to in the claim SOURCE OF [NAME OF VITAMIN/S] AND/OR [NAME OF MINERAL/S] as listed in the Annex to Regulation (EC) No 1924/2006</p> <p>Foods At least 120mg of Calcium must be present in 100g/100ml of this food</p> <p>Supplements The recommended daily dose should provide at least 120mg of calcium.</p>	<p>Foods (1) Group 2 nutrition labelling information as per Directive 90/496, as amended (Article 7 Reg 1924/2006)(see also link to detailed information on labelling rules on website)</p> <p>(2) Calcium must also be listed nutrition labelling with %RDA</p> <p>Supplements The amount of calcium present in the recommended daily dose must be declared in numerical form and as %RDA.</p>	<p>Shall include 4 statements (Reg 1924/2006) indicating:</p> <p>(1) the importance of a varied and balanced diet and a healthy lifestyle</p> <p>(2) the quantity of the food and pattern of consumption required to obtain the claimed beneficial effect</p> <p>(3) where appropriate, a statement addressed to persons who should avoid using the food</p> <p>(4) an appropriate warning for products that are likely to present a health risk if consumed to excess.</p>

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Phosphorus is needed for the normal growth and development of bone in children	Phosphorus	Danone SA, Spain	Q-2008-217	Permitted (Reg 1024/2009)	19th November 2009	<p>The claim can be used only for food which is at least a source of Phosphorous as referred to in the claim SOURCE OF [NAME OF VITAMIN/S] AND/OR [NAME OF MINERAL/S] as listed in the Annex to Regulation (EC) No 1924/2006</p> <p><u>Foods</u> At least 105mg (Dir 2008/100) or 120mg (Dir 90/496) of Phosphorous must be present in 100g or 100ml of this food</p> <p><u>Supplements</u> The recommended daily dose should provide at least 105mg (Dir 2008/100) or 120mg (Dir 90/496) of phosphorous.</p>	<p><u>Foods</u> (1) Group 2 nutrition labelling information as per Directive 90/496, as amended (<i>Article 7 Reg 1924/2006</i>)(see also link to detailed information on labelling rules on website)</p> <p>(2) Phosphorous must appear in the nutrition labelling with %RDA</p> <p><u>Supplements</u> The amount of phosphorous present in the recommended daily dose must be declared in numerical form and as %RDA.</p>	<p>Shall include 4 statements (<i>Reg 1924/2006</i>) indicating:</p> <p>(1) the importance of a varied and balanced diet and a healthy lifestyle</p> <p>(2) the quantity of the food and pattern of consumption required to obtain the claimed beneficial effect</p> <p>(3) where appropriate, a statement addressed to persons who should avoid using the food</p> <p>(4) an appropriate warning for products that are likely to present a health risk if consumed to excess.</p>